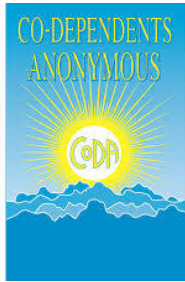


Literature Information for Newcomers

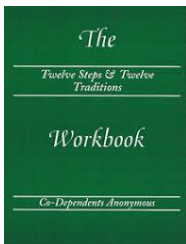
“The Blue Book”

A good place to start for newcomers. Contains the twelve steps, twelve traditions, and twelve promises of CODA. Also contains personal stories from the lives of CODA members and what they have experienced in their recovery. Available from <https://www.corepublications.org/>



“The Green Book” or “The Steps Book”

The workbook for going through the twelve steps of CODA. Contains questions that pertain to each of the twelve steps. Available from <https://www.corepublications.org/>



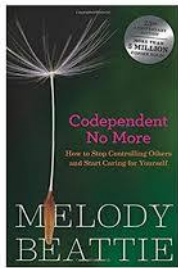
CoDA Pamphlets and Handouts

Small booklets on various topics. Available from <https://www.corepublications.org/>

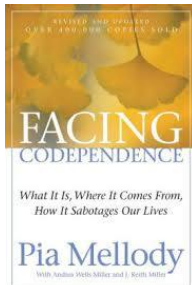


The following books have been approved by our group conscience to be read from at our meetings:

“Codependent No More” by Melody Beattie



“Facing Codependence” by Pia Mellody



“The Language of Letting Go: Daily Meditations for Codependents” by Melody Beattie

