



Women Living in the Solution

CoDA Women's 2020 1-Day Conference

March 7, 2020

Codependency and Reparenting Your Inner Child

"Three things are striking about inner child work: the speed with which people change when they do this work; the depth of that change; and the power and creativity that result when wounds from the past are healed." *By John Bradshaw, Homecoming: Reclaiming and Championing Your Inner Child.*

You may be rejecting and ignoring the yearning of your Inner Child. It may be easier to feel compassion for other people than it is for yourself. Reparenting your Inner Child will allow you to 'fill in the gaps' and enable you to live a more positive and rewarding life—with fun, laughter, spontaneity, authenticity, and most importantly, with love.



Join us for the Women Living in the Solution 1-day conference where you'll hear speakers, attend breakout sessions where you'll have an opportunity to focus on building a healthy connection with your inner child, and more!

Date: Saturday March 7, 2020

Time: 9 am – 5 pm

Registration: 8:30 am – 9 am

Location: Amazing Grace Spiritual Center | 2007 NW 61st St. | Seattle WA 98107

Parking: street/neighborhood, allow extra time for parking

Accessibility: stairs throughout the venue, no ADA accommodations for those with limited mobility

Cost: **\$50 early bird registration** (before February 15th) | **\$60 general registration** (until March 5th) | **\$75 day of registration** (payable at the door via cash, check or money order)

Registration Fee: Registration fee is transferrable but non-refundable

Register Online: <https://hopeinrecoverywa.org/events/> (additional fees apply)

Lunch: Lunch is provided for those that pre-register. Lunch cannot be guaranteed for those registering at the door.

Questions: coda@hopeinrecoverywa.org, 425-998-9029

Conference sponsored by the Thursday night Hope in Recovery meeting, Kirkland WA.

To Pay By Check

Make check payable to: Hope in Recovery

Note: checks must be postmarked by February 15th for early bird registration. Checks for general registration must be received by March 5th.

Hope in Recovery
P.O. Box 3492
Kirkland, WA 98083-3492

Special Dietary Needs

Non-Celiac Gluten-Free Vegan

Volunteering

I am willing to volunteer at the conference

Name: _____ Email: _____ Phone: _____